




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>October 2024</h1>		1 9:15 – 10:15 am Senior Circuit 10:15 – 11:30 am Beanbag Baseball 10:30 – 11:30 am Hear Now	2 10 – 11 am Senior Fit & Fun 11 am – 12 pm Chair Volleyball <small>Rosh Hashanah Begins</small>	3 9 – 9:45 am – Pokeno 10 – 11 am Senior Aerobics	4 10 – 11 Line Dancing	5
6	7 10 – 11 am Zumba Gold 11 am – 12 pm Beanbag Baseball 11:30 – 12:30 pm Saints MNF Tailgate Nacho party \$2	8 9:15 – 10:15 am Senior Circuit 10:15 – 11:30 am Beanbag Baseball 10:30 – 11:30 Pro Bono Southern Legal Services	9 9:30 – 10 am – Davis Funeral Home (informal table) 10 – 11 am Senior Fit & Fun 11 am – 12 pm Chair Volleyball	10 9 – 9:45 am – Pokeno 10 – 11 am Senior Aerobics 11 am – 12pm – Paper Craft Halloween cracker	11 10 – 11 Line Dancing 11 – 11:30am – Sam’s Club membership presentation <small>Yom Kippur Begins</small>	12  A UnitedHealthcare Company
13	14 10 – 11 am Zumba Gold 11 am – 12 pm Beanbag Baseball <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small>	15 9:15 – 10:15 am Senior Circuit 10:15 – 11:30 am Beanbag Baseball	16 10 – 11 am Senior Fit & Fun 11 am – 12 pm Chair Volleyball <small>Sukkot Begins</small>	17 9 – 9:45 am – Pokeno 10 – 11 am Senior Aerobics 11 am – 12pm – Paper Craft Boo-tiful bar covers	18 10 – 11 Line Dancing 11 – 11:45 am Caption Call presentation	19 
20	21 10 – 11 am Zumba Gold 11 am – 12 pm Beanbag Baseball	22 9:15 – 10:15 am Senior Circuit 10:15 – 11:30 am Beanbag Baseball	23 10 – 11 am Senior Fit & Fun 11 am – 12 pm Chair Volleyball	24 9 – 9:45 am – Pokeno 10 – 11 am Senior Aerobics <small>Simchat Torah Begins</small>	25 10 – 11 Line Dancing 11 am -12 pm October Halloween Birthday Party (members only)	26 
27	28 10 – 11 am Zumba Gold 11 am – 12 pm Beanbag Baseball	29 9:15 – 10:15 am Senior Circuit 10:15 – 11:30 am Beanbag Baseball	30 10 – 11 am Senior Fit & Fun 11 am – 12 pm Chair Volleyball	31 9 – 9:45 am – Pokeno 10 – 11 am Senior Aerobics <small>Halloween</small>	LSU Nursing students will resume blood pressure checks the week of 10/7.	