

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# June 2024

Gretna Senior and Wellness Center

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	2 10 -11 a.m. Zumba Gold  11:15a.m. – 12:15 p.m. Bean Bag Baseball	3 9:15 – 10:15 a.m. Senior Circuit  10:30 – 11:30 a.m. Beanbag Baseball  10:30 – 11:30 a.m. – Hear Now hearing testing	4 10 – 11 a.m. Senior Aerobics  11 – 11:30 a.m. Chair Volleyball	5 10 – 11 a.m. Senior Fit & Fun  9:15 – 9:45 a.m. Pokeno  11:15 a.m. – 12:15 p.m. Paper Craft - Summer Dress gift bag	6 10 – 11 a.m. Line Dancing  11 – 12 a.m. Comm Care Hydration Presentation		8
	9 10 -11 a.m. Zumba Gold  11:15a.m. – 12:15 p.m. Bean Bag Baseball	10 9:15 – 10:15 a.m. Senior Circuit 10:30 – 11:30 a.m. All About Apps presentation 10:30 – 11:30 a.m. – Southeast Legal Services (ProBono) 11:30 – 12:30 p.m. Bean Bag Baseball  Shavuot Begins	11 10 – 11 a.m. Senior Aerobics  11 – 11:30 a.m. Chair Volleyball	12 10 – 11 a.m. Senior Fit & Fun  9:15 – 9:45 a.m. Pokeno	13 10 – 11 a.m. Line Dancing  9:30 – 10:00 a.m. Household Air Pollution Study presentation  Flag Day (US)		15
	16 10 -11 a.m. Zumba Gold  11:15a.m. – 12:15 p.m. Bean Bag Baseball  Father's Day	17 9:15 – 10:15 a.m. Senior Circuit  10:30 – 11:30 a.m. Beanbag Baseball	18 CENTER CLOSED  Juneteenth	19 10 – 11 a.m. Senior Fit & Fun  9:15 – 9:45 a.m. Pokeno  11:15 am – 12:15 pm Paper Craft – Pizza Treat box  Summer Begins	20 10 – 11 a.m. Line Dancing		22
	23 10 -11 a.m. Zumba Gold  11:15a.m. – 12:15 p.m. Bean Bag Baseball	24 9:15 – 10:15 a.m. Senior Circuit  10:30 – 11:30 a.m. Beanbag Baseball	25 10 – 11 a.m. Senior Aerobics  11 – 11:30 a.m. Chair Volleyball	26 10 – 11 a.m. Senior Fit & Fun  9:15 – 9:45 a.m. Pokeno	27 10 – 11 a.m. Line Dancing  11:15 a.m. – 12:15 p.m. – June Birthday Party (members only)		29
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